

Review Article Volume 6 Issue 3

Chemical Induction of Diabetes in Rodents: A Critical Tool for Diabetes Research

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Received Date: August 29, 2024; **Published Date:** September 27, 2024

Abstract

Diabetes mellitus, a chronic ailment, frequently associated with permanent and irreversible functional and structural changes in the body cells, with around 422 million sufferers worldwide. Succour in the use of products having anti-diabetic activity of better performance with less toxicity and cost is being sorted. Researchers worldwide have long been encouraged to intensify efforts in the search for more effective treatment remedies, notwithstanding there exist already available hypoglycaemic agents and insulin. Many researchers are joining this research quest to avail for the best treatment agent so as to control the frequent disease corollaries. The experimental model of a disease aids the understanding of the pathophysiology of the disease and the development of drugs for its management. The ease of handling rodents makes their use most appropriate for research purposes. There are genetically engineered rodents, as well as other rodent models such as chemical (streptozotocin, alloxan, and Ferric nitrilotriacetate) which has gained much use amongst scientists in this hub because of affordability, availability, and ease with use, an advantage of low income researchers in resource poor economy (African institutions). The cumbersome effort in trying to decide on the method and chemical of choice in traversing this research area gave the need for a wide review of researches carried out spanning from 1975 to 2023. The criteria to be used forinclusiveness being: The frequency of use of the chemical; The most frequent dose and route of administration employed; The ease of the administration in terms of technique following the advanced search using these words ''chemical method of diabetes induction in rodents(NOT reviews)'' spanning from 1975 to September 2023. The search engines employed were Base; PubMed; Google scholar; World cat search and Science direct. The most frequently engaged chemical methods remains, streptozotocin and alloxan induction respectively. The preferred route/ dose for streptozotocin for chemical induction are Intraperitoneal/ 35- 65mg/kg; and Alloxan Intraperitoneal/ 70-170mg/kg.

Keywords: Streptozotocin; Alloxan; Induction; Diabetes

Abbreviations

STZ: Streptozotocin; ALX: Alloxan; IP: Intraperitoneal; IV: Intravenous; IM: Intramuscular.

Introduction

As at 1999, 140 million people suffered from diabetes mellitus worldwide [1]. In 2023, the figure stands at around 422 million people, the majority are found in low-and middle-income countries [2]. This figure already overshoots the predicted estimate of 438 million by 2030 as prevalence of diabetes [3]. Diabetes accounts for 1.5 million deaths directly every year [2]. It is a genuine conclusion therefore that the number of cases and the prevalence of the disease have steadily increased over the past decades.

Diabetes mellitus is a chronic group of multiple organ disorders with different aetiologies, a serious endocrine syndrome characterized by derangement of carbohydrate, protein, and fat metabolism caused by a complete or relative insufficiency in insulin secretion and/or insulin action, frequently associated with permanent and irreversible functional and structural changes in the body cells [4]. These frequent permanent and irreversible functional and structural changes in the body are actually delayed diabetic complications that results from ill management and poor achievement of control by the existing antidiabetic measures/ treatment. It is therefore not absurd to conclude that the available anti diabetic measures such as oral hypoglycemic agents and insulin, have not effectively controlled the delayed diabetic complications. Apart from this, these available treatment agents (oral hypoglycemic agents and insulin) possess side effects that have brought about a growing interest among group of patients finding succour in use of products having anti-diabetic activity of better performance with less toxicity and cost [5-7].

Researchers worldwide are encouraged to intensify efforts in the search for more effective treatment remedies/ agents [7-11] not withstanding that there are already available hypoglycaemic agents. Pharmacological research underpin by molecular understanding seems to have gained ground as driver for advances in controlling type 2 diabetes mellitus [12]. Many scientists are joining this quest for the best treatment agent (yet undisclosed) so as to control the frequent disease corollaries. To ease the horizon the disease simulation has to be easily achievable and possible to access by all, in the research hub.

Experimental Models

The experimental model of a disease aids not only the understanding of the pathophysiology of the disease but also

the development of drugs for its treatment. There already exist various models of the disease state, from genetically engineered to chemically induced rodents, not mentioning large animals thereof and surgical options (partial and the total pancreatectomy). The ease of handling rodents makes their use most appropriate for research purposes [13], coupled with the possible deductions owing to their close relationship in physiology to humans [14,15] not leaving out the economic advantages [14] especially the resources to maintain and manage the research due to their relative availability, low cost of purchase and care. Though there exist several models of the disease in rodents, affordability, availability, and ease with use of some of these models are far reaching, limiting the options left to the low income researchers in developing countries to which most, if not all of the African institutions are- an ugly truth caused by misdirected policies of her governments. It suffices to reiterate some of these diabetes rodent models.

Genetically Engineered Diabetic Rodent Models

Spontaneously Diabetic Rodents are genetically engineered achieving the disease and subsequently bred for that purpose. There are now several genetically engineered diabetic rodent models exhibiting defects simulating the disease state. The Bio Breeding BB rat is a model of spontaneous diabetes associated with insulin deficiency and insulitis due to autoimmune destruction of pancreatic beta cells [16]. The clinical presentation of diabetes is sudden occurring about 60–120 days of age in these laboratory animals so that within several days, diabetic animals are severely hyperglycemic, hypoinsulinemic, and ketotic unless insulin treatment is instituted [16]. Another spontaneous diabetes strain is the inbred Wistar strain, WBN/Kob rat that exhibit impaired glucose tolerance and glucosuria at 21 weeks of age develop demyelinating, predominantly motor neuropathy, later accompanied by axonal changes. Yet another genetically engineered is the Cohen Diabetic Rat that presents with diabetes and diabetes related complications when on a diet rich in sucrose or refined sugars but poor in copper. But escape presentation when fed a starch or stock diet. There is the non-obese Goto–Kakizaki (GK) inbred strain of Wistar rats that spontaneously developed type II diabetes as early as 2 to 4 weeks after birth. Also there is Zucker-fatty obese rat that manifest mild glucose intolerance at an early age but however, their blood sugar level is usually normal throughout life. And there is obese Zucker Diabetic Fatty (Zdf/Drt-Fa) rat originally derived from the Zucker- fatty rat that only the males become spontaneously diabetic at 10 weeks of age with hyperglycemia of about 20mmol/l while the females only develop diabetes on being fed a high-fat diet. The Wistar fatty rat (WDF/Ta-fa rat) established hyperglycaemia by the transfer of fatty (fa) gene from the Zucker rat to Wistar Kyoto rat, though hyperglycemia is not observed in females

except by addition of sucrose to their diet. The OLETF Rats, which are maintained at the Tokushima Research Institute Japan, is also a strain of spontaneously diabetic rat occurring via by selective breeding after 18 weeks of age. Also only males express the diabetic state which could be completely prevented by administration of diazoxide (0.2% in diet) from the age of 4 to 12 weeks. Yet another spontaneously diabetic rat is the ESS-Rat with abnormal glucose tolerance tests from the age of 2 months onwards. There is the Obese SHR Rat with developed hyperglycemia and glucosuria associated with giant hyperplasia of pancreatic islets, from which several substrains were developed, like the JCR: LA-corpulent rat with impaired glucose tolerance. There is the congenic SHR/N-cp rat strain, at the National Institutes of Health, USA, exhibiting obesity, mild hypertension, hyperinsulinemia, and glucose intolerance. A BHE rat model exist in which the diabetic state manifest only at maturity of 50 days of age. Finally there is the LEW.1AR1/Ztm-iddm RAT, a Type I (insulin-dependent) diabetes mellitus rat model with diabetes appearing in them with an incidence of 20% without major sex preference at 58+/-2 days[16].

Just as for rats the Spontaneously Diabetic Mice models abound. There is a diabetic strain of the KK-mouse which at the age of seven months or older show glucosuria and blood sugar levels up to 320 mg%. Also there is the KK-Ay Mouse also know as yellow KK mice, it develop marked adiposity and diabetic symptoms from 5 weeks, to its completeness at 16 weeks of age. They can be used to demonstrate the extrapancreatic action of antidiabetic drugs. There is the NOD mouse strain, which Like the BB rat is a model of insulin dependent diabetes mellitus manifesting insulin depletion between 3 and 7 months of age though preventable by an immunmodulating drug or a soluble interleukin-1 receptor. There are also the obese hyperglycemic mice that are glycosuric, with non-fasting blood sugar levels of about 300mg%. The diabetic condition of this strain and other obese hyperglycemic mice is different from that of humans clearly. The Diabetic db/db Mice is another strain with early onset of hyperinsulinemia, hyperglycemia up to 20 to 25 mmol/l and significant nephropathy. Spontaneous maturity onset diabetes occurs in a small percentage (10–20%) of male CBA/Ca mice with inbreeding increasing the occurrence to 80% expressing at 12–16 weeks of age. The Wellesley mouse has elevated levels of immunoreactive insulin in serum, enlarged pancreatic islets. The Chinese hamster (Cricetulus griseus) has elevation of blood sugar from normal 110mg % to 600mg% with severe polyuria, glucosuria, ketonuria, and proteinuria. Apart from these spontaneous diabetic rodents there exist other Species with Inherited Diabetic Symptoms such as; the sand rat (Psammomys obesus) that develop diabetic symptoms when fed Purina laboratory chow instead of an all-vegetable diet within 2–3months; the spiny mouse (Acomys cahirinus) in which diabetes occurs in about 15%

of the animals under laboratory conditions accompanied by hyperplasia of the endocrine pancreas; South African hamsters (Mystromys albicaudatus) with spontaneous diabetes mellitus; and Tuco-tucos (Ctenomis talarum) [16].

Chemical Induced Diabetic Models

It is worth noting that the period of wait, difference of onset of presentation, and individual peculiarities are the short falls limiting the use of these genetically engineered rodents apart from accessibility and affordability. The use of diabetogenic substances such as chemicals abounds [17] and has gained much use especially with rodents as the animal of choice due to certain benefits. Inclusive of these chemicals in use from searches gotten from this present review for chemical induction of diabetics are streptozotocin (STZ) in single use, alloxan(ALX) in single use, STZ- nicotinamide combined use, STZ+ high-fat diet(HFD), aflatoxin, TB antigen, Diet induced obese state and Ferric nitrilotriacetate methods.

Their use is known to cause selective loss of pancreatic β-cells that secrete insulin while maintaining intact $α$ - and $δ$ -cells [16]. These models have residual insulin secretion allowing the rodents live relatively long without insulin therapy. The presentation of ketosis and mortality is relatively low. And their relative ease of maintenance and cheaper purchase deal is indulging. The drawbacks though exist; inability to simulate insulin resistance and non-engagement in long term study because of instability of the state due to regeneration of pancreatic β-cell.

Streptozotocin-Induced Diabetes: The compound STZ was discovered in 1959, a broad spectrum antibiotic isolated from a soil microorganism Streptomyces acromogenes. STZ is transported into B-cells via the glucose transporter GLUT2 and causes DNA damage. The severity and onset of symptoms depend on the dose of streptozotocin employed; preferably, male Wistar rats (150–220g) are injected 60mg/ kg streptozotocin intravenously. Symptoms occur after 24– 48hrs with hyperglycemia, glucosuria and ketonemia but the steady state for pharmacological test is reached from 10-14 days. Various species are susceptible to streptozotocin; a single intraperitoneal injection of 50mg/kg streptozotocin has been employed on the golden Syrian hamster, and mice [16]. Additionally, in rats, 80mg/kg, administered intraperitoneally may be used [17]. From these literatures it is obvious there abound numerous dose regimen from different authors, making the use of the chemical confusing to first time researchers and at such debilitating against the progress in the research area.

Alloxan-Induced Diabetes: there is the possibility of producing different grades or severity of the disease by dose variation of alloxan given [17]. Subcutaneous injection of100–175 mg/kg alloxan to Wistar or Sprague-Dawley strain rats weighing 150-200g will ensure diabetic symptoms [16].

Different routes include intravenous dose of alloxan in rats at 65mg/kg; and if administered intraperitoneally the effective dose is 150mg/kg body following 18 hours fast. Again, with this chemical there exist ranges of doses and route employed by various researchers.

Ferric Nitrilotriacetate: is known to cause diabetes by iron loading to pancreatic endocrine cells. Rats parenterally treated with large daily dose of ferric nitrilotriacetate manifested diabetic symptoms though this method is rarely employed [18].

Streptozotocin (STZ)-Nicotinamide: Treatment with both streptozotocin and nicotinamide has been used to induce experimental diabetes in rodents. While STZ cause the pancreatic B-cell damage, the nicotinamide protect insulin secreting cells against STZ by inhibiting the enzyme polymerase activity thereby reducing the effect of necrosis on the insulin secreting cells [19].

Streptozotocin (STZ)-High-Fat Diet (HFD): The reason perceived for the method is that the HFD is expected to cause insulin resistance and coupled with the action of low dose STZ, simulate the model of type 2 diabetes state needed by most researchers [20].

Diet Induced Obese State: Components of the disease state in need to be studied may be simulated without out rightly having to make the animal diabetic. It is widely accepted to study the mechanisms that contribute to obesity-induced cardiac injury and dysfunction without hyperglycaemic component [21].

Advantages and Limitations of Chemical Induction Methods

There exist numerous advantages in the use chemical induction of diabetes. Its suitability for usage when testing medications or treatments is a ready example of its quick use [22] being that the critical purpose of most quests is dropping the blood sugar. The affordability of the chemical is another advantage though this depends on the choice of the chemical intended. The ease of avoiding human experimentation can also be taken into consideration as chemical induction of diabetes beneficial use to researches. Another benefit is the possibility of being able to harvest the pancreas for histological analysis [23] being that these experimentation is in animals. Another benefit is the choice of pathology intended for simulation (type 1 or type 2), being achievable depending on choice of dosage of the chemical used [17].

The chemically induced diabetic model's main disadvantage or limitation is the toxic effect of the chemicals on different organs [22]. True to this, the yield on inducing the animals is usually a troubling task before any study is complete, being that on trying to make say about five animals diabetic, up to 8- 10 animals would have been injected. This may include losses causing wastage [24]. A relative limitation is the

difficulty posed by most international companies dealing on the chemical enforcing the purchase of these chemical being institutional based (this was faced by our team of researches). Least to mention is the danger of the chemical to researchers on mishandling which can be overcome by best practices in the laboratory.

Applications in Research

Depending on the research purpose or type of diabetes pathology researchers are pursuing, the various chemical used and dosage makes chemical induction a dependable tool in this hob. This is made obvious by the large traffic of researches using these methods as depicted in bar charts showing chemical induction of diabetes spanning the years distributed under this study (seen in the result section: research literature spanning the period). The various application range from, adaptation to analyze therapies of transplantation where the ultimate goal is to lower the blood glucose [22], to needed existence of endogenous beta cells that may be required in insulin-positive animal models [25]. It suffices to mention that male rodents are often employed due to their susceptibility to the diabetogenic action of the chemicals [24]

Comparison with Alternative Methods

As mentioned earlier the short falls limiting the use of genetically engineered rodents informed the use of the chemical models of diabetes. But it should be said that both models have their place in the research into the various pathological simulation of diabetes mellitus areas of interest vas visa its complications. There may be the surgical removal of part of the pancreas (pancreatectomy) as another model practiced [17]. It suffices to say that apart from the chemicals earlier mentioned in use for induction of diabetes, the following has been employed; dithizone(zinc-chelating agent), gold thioglucose, hormones (growth hormone and corticosteroid) and virus Induced Diabetes [26]. However, most used genetically engineered models deviate from human type 2 diabetes mellitus, being that, such posses' mutations which are not common in human type 2 diabetes [27]. Also, Islet cell transplantation studies have been utilized in rodents [xxvii]. In comparison of chemical models to other models, majority of the studies over the period reviewed is the chemical-induced diabetes models [27].

Review method

The cumbersome effort in trying to decide on the method and chemical of choice in traversing this research area gave us the impetus to delve into the research notwithstanding the richness of literature in this hub. These different routes and doses employed by researchers informed this research work meant to decipher with ease the best route and chemical to

be employed after a wide review of researches carried out spanning from 1975 to 2023. The criteria to be used for making the decision of choice are

The frequency of use of the chemical;

The most frequently used dose and route of administration; Ease of the administration in terms of technique.

In the review the following search engine would be employed: PubMed; Google scholar; Base; World cat search and Science direct. And a table was made from which the above parameters for decision were extracted. The table contained: the chemical used, rodent employed, route of drug administration, dose employed, purpose or title of the research and the references.

Results

Research Literature Spanning the Period

An enormous amount of research work in the research area is evident, as seen from the

Bar charts showing chemical induction of diabetes spanning the years distributed

Figure 1: PubMed distribution of chemical induction 1975 – 2023.

Figure 4: World cat distribution of chemical induction 1975 - 2023.

Figure 5: Science direct distribution of chemical induction 1975 - 2023.

Frequency of Chemical Used

The most frequently used chemical, using PubMed, as an example to buttress this finding (Table 1) is STZ 219 times followed by ALX 13 times. The same picture was painted in google scholar, BASE; World cat search and Science direct with STZ disproportionately more frequently used than ALX.

Because of the enormous data generated from google scholar search, the review for this search engine was limited to the first twenty most relevant literatures for each year reviewed.

Table 1: shows the year per chemical count using the various chemicals possible.

Route of drug administration

The frequency of the route was noticed to be different over time. As in the earlier works, the 1975, up to the 1980s, the Intravenous route was most often employed (Table 2) while in the most recent timesup to 2023; the intraperitoneal route was most favoured (Table 3).

Table 2: table showing route of drug administration, chemical & rodent use in 1975 google scholar search employing the first twenty most relevant literatures.

Table 3: table showing route of drug administration, chemical & rodent use in 2023 google scholar search employing the first twenty most relevant literatures.

Dose Employed

STZ: The route and rodent employed tend to determine the dose used as well as the chemical employed. In rats, the common doses employed for IP injection of STZ alone range from 35 mg/kg to 70mg/kgwith the range of 35- 65mg /kg most often used.

ALX: Dose ranged between 50 -150 by IV/IP injection were most often used.

Route Employed

A large number of researchers lean on intraperitoneal (IP) route over intravenous (IV) route with the distribution showing the earlier times of the 2000s having more of IP and the 1975 up to 1980s using more of IV.

Rodent Used

Rats were most often used than mice; male rats were most often preferred.

Discussion

Reviewers in this hub at different times have commented on the most commonly or frequently used chemical models. In this research, the most frequently engaged methodsare the two chemical methods, streptozotocin and alloxan respectively, which is in keeping with other researchers, Lukacínová, 2013[3]. It suffices to know of the two chemical, alloxan was first found to induce diabetes since 1943 [67] while STZ was later discovered in 1959 [68]. The choice of STZ over ALX might be due to the relative ease of achieving diabetic state using low dose with relative stability of the rodents(on administration of 10% sucrose solution) allowing a larger amount of animal to be engaged in any chosen research work [69].

The review saw doses of STZ mostly below 70mg/kg being applied or engaged (ie between 35- 65mg/kg). This is believe to be due to the fact that the direct effect of STZ is associated with dose, reflecting an increase mortality at very high doses especially beyond 70mg/kg body weight [30] causing a low yield of animals to be engaged in the final research work. This dose dependant mortality effect can be reduced on application of Tacrine, a glycation scavenger, administered after STZ administration to protect the rodents from the lethality of STZ, thereby reducing mortality [70]. Also giving of sugars like D-glucose and D-mannose before and after STZ injection can protect the animals from the STZ mortality effect. This advantage is not seen with ALX as no effort as above, can reduce mortality following its administration. The lethality in the case of STZ's is its toxicity on multiple organs [24]. Also the dose of ALX often engaged is in the range between 70- 170mg/kg.

The route of administration of both STZ and ALX saw a tilt towards intraperitoneal injection in the present times (2000s up to 2023) than the earlier time (1970s, 1980s). This preference may have been informed by the less precision needed in technique or proficiency of the researcher being that the IV route might be more difficult to execute, as even locating the veins is quite cumbersome. This argument was put forte because literature supports the advantage of IV administration because accidental delivery of the drug into the bowel or sub peritoneal space might increase mortality and reduce efficacy [30] using IP, which is avoidable IV. Additionally, the IP route is commonly used in rodents because it can be used for the delivery of larger volumes than an intravenous (IV), intramuscular (IM) or subcutaneous route.

The preferred rodent in most research work was rats and the male sex over the female. This is because the diabetogenic effect of the drug is interfered with by oestrogen of the female gender resulting in need for higher doses [30].

Conclusion

The most frequently engaged chemical methods still remains the two chemicals, streptozotocin and alloxan induction respectively. The preferred route and dose for streptozotocin for chemical induction are Intraperitoneal with the range of between 35- 65mg/kg; and that of Alloxan also were Intraperitoneal and dose range of between 70-170mg/kg. The preferred rodents in most research work were rats and the male sex over the female.

In furtherance to this review, the investigators intend to use the recommended chemical, using the parameters; route (IP), doses (range), rodent (male rat) to confirm their findings taking precautions recommended within. Conclusively, it is important to state the obvious drawbacks of genetically engineered and or the laboratory animals with chemically induced diabetics model includes; the lack of full evolutionary processes of the human disease complexities and the lack of representation of the progressive nature of human diabetics respectively.

Declarations

Ethics approval and consent to participate

Members of this research team collectively won a grant for which this review is part of, and have given their consent to participate.

Ethics approval - not applicable.

Consent for Publication

The members have also given their consent for the current publication

Availability of data and materials

There is available data for this publication being embarked on.

Funding

The research is funded by tertiary education trust fund (TETFUND) TETF/DR&D/CE/UNI/UNIABUJA/IBR/2021/VOL.1

Acknowledgements

We acknowledge The Almighty God

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of Abuja, Nigeria) and have no conflicting interest, as they are part of the preparation of the article from onset to finish.

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