



Generation Gap (Survey Based Study)

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Abstract

The generation gap refers to the differences in values, beliefs, and communication styles between individuals from different age groups. This study explores the generation gap between adolescents and parents, examining the changes in behaviour and attitudes as individual's transition from adolescence to adulthood. Our survey reveals a significant shift from seeking attention and social interaction in adolescence to valuing independence and emotional concealment in adulthood. While 50% of adolescents and 40% of parents acknowledge a generation gap, 50% of adolescents and 60% of parents believe that mutual understanding exists despite frequent arguments. Notably, restrictions imposed by parents are the primary source of conflict. Our findings highlight the need for effective communication and empathy to bridge the generation gap, facilitating a smoother transition for adolescents into adulthood and fostering healthier relationships between adolescents and parents.

Keywords: Generation Gap; Acceptance; Understanding; Communication; Parent Hild Relationship; Guidance; Mutual Respect

Introduction

Age is one big reason for the natural gap between generations. However, the major issue arrives due to the mental gap in terms of thinking pattern & current trends. Children believe that they are grown-ups and it is high time for them to be independent. This helps them to gain more self-esteem. On the whole, both parents and their children do not see things from the standpoints of each other. Thus, misunderstanding is a great cause for the formation of the generation gap. They talk about some issues that can cause tension between teenagers and parents: homework, sibling fights, boundaries and trust. Some teenagers feel their parents need to show more trust and give them more independence, but they also know that parents are mostly just concerned for their safety.

Technical ability is also important. How technology affects the generation gap is impacted by how well older people

can learn and use new technology. This tends to be written by Millennials for the younger generation, so many older people can become left behind when things move too fast. The ages between parents and their children are often large enough that they experienced their most impressionable years during a different culture than each other. Adolescence is often the time when people are most influenced by the society around them and as our world keeps developing and changing, things rarely stay the same, causing generation gaps between parents and their children.

Literature Review

1st Case Study

Crandall et al. in their research highlighted that parental factor and child rearing techniques are very important in shaping the cognitive development of children. They further

stressed that Parental practices which engender emotional security and low anxiety, independence and high internalized goals for achievement are associated with accelerated cognitive development. Mothers who value achievement, set high achievement standards, and reward their children for satisfactory performance have boys and girls who have high achievement [1].

2nd Case Study

Marfatia in his study stressed that absence of parental warmth, extra rigidity, over control attitude generally of father, continual arguments between their parents, isolation and absence of entertainment channels are some of the reasons responsible for imbalance among the youngsters in many fields [2].

3rd Case Study

Barren and Earls in their study focused that adverse parent-child dealings and great family pressure are connected with fussy conduct of children. Adverse parent-child dealings embrace low parental love and attachment [3].

Methodology

Sample

A survey was conducted regarding generation gap and 20 samples were recorded.

Hypothesis

A survey was conducted in which a questionnaire was developed on the generation gap between parents and adolescents of age 14-18. It was distributed to 10 adolescents and 10 parents of that adolescent. Survey was conducted to know the different opinions of them regarding the generation gap, what they think and believe of the bond they share with each other. How they react to each other's points, thoughts and what they overall conclude their gap differences.

Tools

A survey was conducted in online mode through google forms and the distributed link of the survey is:

- <https://forms.gle/VWAmtdciUCMVVeRKSA>
- <https://forms.gle/xUcXvrZjZMDrU2M19>

Results

Adolescent Chart



Parent's Chart



Discussion

The survey was conducted on the generation gap where all the opinions of certain parents and adolescents were recorded. As per the research, adolescent behaviour changes when they reach adulthood. The changes from being curious to say things to parents to hiding emotions from them, loneliness or self-time is more important whereas before adulthood attention of different people and being surrounded with people were concerned. As per this research 50% of adolescents and 40% of parents believe that there is a generation gap. Whereas 50% of adolescents and 60% of parents believe that there are arguments but mutual understanding is there between the both the generations. As per the record most of the arguments are due to the restrictions imposed on the adolescent by parents.

Conclusion

As per the survey, we can fill the gap between the two generations through acceptance and understanding. Parents

should communicate and build a friendly relationship with their children. Moreover, they must acknowledge the child's efforts to explore his or her identity. The child should also trust his parents and discuss the problems faced in the process. The parents must listen to them, understand their ways of thinking and provide valuable assistance. The child also has to understand that his parents will always advise him for good. If this kind of mutual trust, understanding and acceptance are established between both parties, we can cope with the Generation gap very effectively.

References

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