



Superstitious Spiritual Processing and Psychotherapy: A Local Wisdom

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Abstract

Psychological problem is a common clinical problem. The management of the problem by psychotherapy is widely performed at present. Of interest, there are also some little mentioned classical psychotherapy managements. Those managements are accepted as local wisdoms. Here, the superstitious spiritual processing as local wisdom way of psychotherapy is mentioned.

Keywords: Psychotherapy; Local; Wisdom; Spiritual Processing; Superstitious

Introduction

Psychological problem is a common clinical problem that occurs elsewhere the world. The management of the problem by psychotherapy is widely performed at present and it is accepted as a standard therapeutic procedure in clinical practice. Of interest, there are also some little mentioned classical psychotherapy managements. Those managements are accepted as local wisdoms. Here, the superstitious spiritual processing as local wisdom way of psychotherapy is mentioned.

Superstitious Spiritual Processing as Local Wisdom

Superstitious spiritual processing is a common clinical finding and it is accepted as a culture bounded problem [1]. The belief in superstitious power is a basic problem in

many developing countries. Superstitious spiritual processing might be classified as a medical disorder. Nevertheless, superstitious spiritual processing might be sometimes used for clinical management as psychotherapy. This is an actual local wisdom. It links the religious belief as a tool for psychological support [2].

This kind of local wisdom can be seen in several areas with long local history. The good examples are the cases in South and Southeast Asia. There are several local center of superstitious spiritual processing that plays informal role to support the local people in the community.

Conclusion

Superstitious spiritual processing as a tool for psychological support is an interesting local wisdom. The in depth study on this specific activity is interesting.

References

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