



Cassia Sophera – The Unearthed Poly Crest

Salim J*

Applied Psychology, School of Artistic Homeopathy for Youngsters and Adults (SAHYA), India

*Corresponding author: Dr. Jasim Salim, BHMS, Msc, Applied Psychology, Senior Homeopathic Consultant, School of Artistic Homeopathy for Youngsters and Adults (SAHYA), India, Tel No: +919633384969; Email: jasimuu@yahoo.co.in

Received Date: December 05, 2018; Published Date: December 06, 2018

Key words: *Cassia sophera*; Indian drug; Poly crest; Anti-allergy; Constitutional

Pharmacognosy

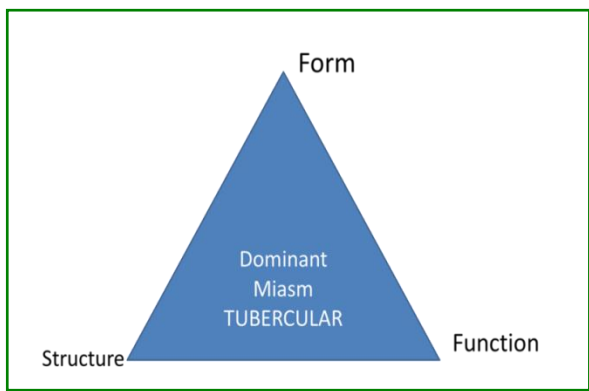
Botanical Name	<i>Cassia sophera</i> Linn
Homoeopathic name	<i>Cassia sophera</i>
Family	Cassalpinaceae
Synonyms	<i>Cassia coromandeliana</i> Jacq.
Common names	
Hindi	Kasunda, Baner
Bengali	Kalakasunda
Marathi	Kasodi
Telugu	Sulrai, Paidi-tangaedu
Malayalam	Rantankada, Ponnantakara
Tamil	Shulavarai
English	<i>Senna sophera</i>

The plant is found throughout India and in most tropical countries. It is common in waste lands, on roadsides and in the forests. Root bark is used for preparation of the medicine. It has been used by ancient Indian physicians for its efficacy in respiratory disorders. Dr. BK. Basu has proved this drug on himself. He has also recommended in common cold and asthma. *Cassia sophera* is represented in around 49 Mind rubrics in Synthesis repertory and all together 1231 rubrics in entire Synthesis repertory, yet the medicine remain underused. *Cassia sophera* is widely used for its anti-allergic properties. Its ability to bring down *Immunoglobulin E* and Eosinophilic counts is well documented. But *Cassia sophera* still remains under proved and underused, Mother tincture earns good

results in most of the cases. Central council of research in Homeopathy has given extensive proving of this medicine yet the clinical use remains restricted.

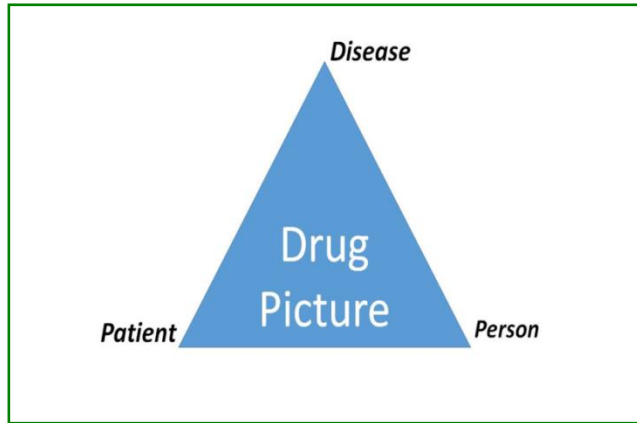
The clinical verification of constitutional features of *Cassia sophera* is done in the study and many symptoms were re-confirmed. *Cassia sophera* was used in number of cases from Migraine, Sinusitis, IBS, Haemorrhoids, *Tinea Cruris* etc. and results showed that *Cassia sophera* still remains very much unearthed and underrepresented in Repertory. Illustration of cases in which *Cassia sophera* is successfully used and available remedy portrait is constructed.

Inter current Totality



Form	Structure	Function
Anxiety Fear of heart disease Headache Sinusitis Skin itching eruptions Skin eruptions scaling Eyes itching Eye watering Constipation Bleeding	Nasal mucosa Sinuses Skin Mind GIT Rectum Lungs Joints	Allergic reaction Hypersensitivity Portal Hypertension Inflammatory cell infiltration Hyperkeratosis Mucus secretions

Drug Picture - Disease Patient Person



Disease	Patient	Person
Allergic rhinitis Chronic sinusitis Allergic conjunctivitis Bronchitis Asthma Haemorrhoids Tinea Cruris Impetigo	Capricious Mood changeable Inconstancy Irritability Fear of Heart disease Delusion Ghosts spirits Spectres on closing eyes Difficult in concentration	Home desires to go Walking desire for Walking desire for in Open air Sensitive Sentimental