

Is Aging Acts as Barrier to Elderly People

Saloni*

Research Scholar, Sharda University, India

***Corresponding author:** Saloni, Research Scholar, Sharda School of Humanities and Social Sciences, Sharda University, India, Tel: +91 9771147820; Email: saloni29saloni@gmail.com

Received Date: July 20, 2023; **Published Date:** July 24, 2023

Editorial

The world's population is getting older, which is the most important new demographic trend taking place in the globe now. The percentage of the global population that was aged 60 or older increased from 205 million in 1950 (which represented 8.2 percent of the total population) to 606 million in 2000 (which represented 10 percent of the total population). It is anticipated that by the year 2050, there will be a total population of two billion people who are 60 years old or over. This represents an increase in the proportion of elderly people to 21.1%. The percentage of the world's population that is 65 and older is highest in Europe, followed by Asia (25 per cent). In the next half-century, the burden brought on by an expanding senior population will become even more severe. In the year 2050, the emerging regions of Asia, Africa, Latin America, and the Caribbean will be home to 82 percent of the world's senior population, while only 16 percent of the world's elderly would call the developed countries of Europe and North America their home. So, increasingly emerging as a subject of concern for developing countries is the ageing of their populations. The process of ageing was not only a trend in Asia up until the year 2000, but it is also going to continue to be the most prominent trend in Asia in the 21st century (UNFPA, 1999).

Aging can be both a barrier and a joyful path for elderly people, depending on various factors such as their physical and mental health, social support, financial situation, and personal mindset. On the one hand, aging can present several challenges that may act as barriers to elderly people's wellbeing. For example, they may experience declining physical health, mobility issues, chronic illnesses, and cognitive decline, which can affect their independence and quality of life. Additionally, they may face social isolation, loneliness, and financial insecurity, which can exacerbate their physical and mental health issues.

On the other hand, aging can also be a joyful path for many elderly people. They may experience a greater sense of purpose and fulfillment in life, have more time to pursue hobbies and interests, and enjoy the company of loved ones. Furthermore, some elderly people may find satisfaction in sharing their knowledge and life experiences with others, and in being valued members of their communities. In summary, while aging can present challenges and barriers, it can also be a joyful path for many elderly people. It is important to recognize and address the barriers that elderly people face, while also promoting opportunities for them to experience joy and fulfillment in their later years.